

TEDDY'S

BAR & GRILL

Appetizers

Punjabi Spinach Spinach, leeks, herbs and spices, made into a rich spicy dip with fried paneer cheese, served with chips and crisp and savory Indian breads, for dipping. 8.95

B.B.Q. Ribs Tender BBQ spare ribs served with cole slaw. 7.95

Wings Teddy's crispy & spicy wings served with blue cheese dressing, celery & carrots. Choice of regular or extra hot and spicy Sauce snack....8.95 platter....18.95

Calamari Cornmeal crusted calamari, fried crisp and served with our zesty remoulade dipping sauce. 9.95

Quesadilla Grilled flour tortillas with melted Jack cheese, fresh tomato guacamole, and sour cream. 6.95

Steak Tips Au-poivre Cubes of tender Hanger steak coated in black pepper, and sesame seeds, seared to order, ready to be dipped in horseradish cream sauce 9.95

Mussels Big bowl of fresh steamed mussels in choice of white wine garlic, or marinara sauce, served with warm flat bread, to soak up the sauce. 9.95

Nachos Fresh tortilla chips covered with melted Jack and cheddar, fresh tomato, jalapeño slices and sour cream. 7.95

Nachos Supreme Our regular nachos smothered in our home made beef chili, served with guacamole. 9.95

SALAD

Dinner Salad Romaine lettuce garnished with vegetables and served with our house vinaigrette. 4.95

Warm Steak Salad Mesclun greens topped with grilled sliced NY strip steak, cooked rare, with warm mushrooms and sauteed onions. 12.95

Salad Rustica mixed smoked and house made mozzarella, toasted pine nuts, over fresh mesclun and arugula, tomato wedges, sweet grape tomatoes, in balsamic vinaigrette. 11.95

Cobb Salad Crisp romaine and spinach piled with avocado, olives, peas, corn, mushrooms, garbanzo beans, blue cheese, hard boiled egg, warm turkey breast, & bacon. 11.95

Caesar Salad Romaine lettuce tossed in our homemade dressing, herb croutons, & Parmesan. 4.95

Topped with spicy grilled marinated Chicken Breast. 7.95

Topped with fresh grilled salmon. 10.95

Moroccan Salad - Mixed greens, tomatoes, cucumbers, red onions, radishes, lentils, Moroccan olives, lemon-cardamom dressing, toasted pistachio nuts, topped with grated french feta cheese; warm flat bread 8.95

Soup/Comfort

Bouillabaisse A Teddy's favorite; a big steaming bowl of savory fish broth, spinach, with tender chunks of fresh fish, mussels, whole baby clams, and calamari, with toasted bread rounds, with red pepper topping. 14.95

Aztec Soup Hot & spicy chunky tomato and pepper soup served with strips of crispy tortilla, avocado, panella cheese & crispy fried jalapeno. 5.95

Bowl of Chili Rich, homemade beef chili topped with a sprinkle of grated cheese, onions, sour cream and jalapenos. 7.95

Mac & Cheese Creamy gooey and good, with small salad. 10.95

Sides

Golden Steak Fries	3.50
Spiral-cut Spicy Fries	4.00
Baked Potato	3.50
Mashed Potatoes	3.50
Fresh Spinach	4.50
Sweet Potato Mashed	3.50
Sweet Potato Fries	5.95

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SANDWICHES

BURGERS A Huge and Juicy 10 oz. Burger, ground fresh daily, and grilled to order. It's delicious w/lettuce, tomato & onion, 7.95

Chicken Burger Juicy chicken and chipotle peppers 7 grain roll 8.95

Farm Veggie Burger Vegan- grains, tempeh, almonds, beans mixed vegetables, on 7 grain bun 9.95

Extras American, Cheddar, Swiss, Jack, Fêta, mozzarella or blue cheese, sautéed onions, mushrooms, deep fried onions, jalapenos, red pepper sauce. BBQ, remoulade, salsa, .75 each
goat cheese, bacon, chili 1.00 each

Chicken Sandwich Spicy grilled marinated chicken breast, roasted red pepper, basil mayo, lettuce, on ciabatta roll. 8.95

Steak Sandwich Thinly sliced London broil melted Jack cheese, fried onions on Italian bread. 9.95

Crab Cake Sandwich Crispy fried crab cake with remoulade, and Jamaican slaw 10.00

Blackened Catfish Sandwich Fresh farm raised catfish filet blackened on a bun, tomato, onion, roasted garlic mayonnaise, cole slaw and mango salsa. 10.95

Cubano Thinly sliced ham, roasted pork loin, Swiss and Jack cheese, roasted garlic mayonnaise and thinly sliced pickles Cuban bread toasted in a sandwich press. 10.95

Portobello Cubano - Roasted portobello mushrooms, Swiss & Smoked Mozzarella cheese, spinach, arugula, pickle, roasted pepper-garlic-almond pesto, Cuban bread, pressed until crunchy & gooey...10.95

Chicken Panini Grilled Chicken, roasted red pepper, arugula with Asiago cheese, on Afghani flat bread cooked in a Panini sandwich press. Crispy gooey and good 9.95

House Made Mozzarella Panini roasted red pepper, soft mozzarella, fresh basil, olive sundried tomato tapenade, on Afghani flat bread cooked in a Panini press. Crispy gooey and good 9.95

ALL SANDWICHES AVAILABLE
With golden Steak fries Add 2.00
With spiral-cut Spicy fries Add 2.50

Entrees

Shell Steak Farm raised 11 oz. grilled NY Strip steak served with vegetables and a baked potato. 18.95

Argentine Steak 12 oz. Juicy Hanger Steak grilled, then sliced, with tangy Chimichurri sauce, baked potato, toasted arepas, and veg. 17.95

Grilled Chicken Breast Spicy grilled marinated chicken breast, served with rice and vegetables. 7.95

Pan Seared Pork Chop Thick juicy New York State Raised Pork Chop, pan seared and finished with a Bourbon glaze, vegetables and sweet potato mashed. 16.95

Seasonal Vegetable Platter Steamed & grilled seasonal vegetables, sweet potato mashed, leeks, tomato, Portobello mushrooms & Faro with mushrooms. 9.95

Grandma's Brisket – w/red wine, carrot, mushroom, onion; mashed potato & sautéed Kale. 15.95

Spare Rib Dinner Half Rack of tender St. Louis style pork ribs with smoky BBQ sauce, a pile of steak fries & creamy, cool cole slaw. 16.95

Bar Snack Platter Spare ribs, glazed with BBQ sauce, and Teddy's spicy chicken wings, served with fries and homemade slaw. 15.95

Spinach Quesadilla Sautéed spinach, sundried tomatoes, Monterey Jack cheese in grilled flour tortillas, chop tomato, guacamole, sour cream. 8.95

Pan Seared Catfish Pan seared to crisp, catfish fillet, topped with a buttery lemon caper sauce, with rice and vegetables. 14.95

Chili Crusted Salmon Herb and spice crusted Salmon, coconut curry sauce, served with fresh tangy mango salsa, rice & vegetables. 16.95

Crab Cakes Moist crab cakes crispy and delicious, with 2 dipping sauces, remoulade, & curry mango sauce served with Jamaican slaw & rice. 14.95

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Extras are Extra

For parties of 5 or larger, a gratuity of 18 % may be added to your check